

First NATIONAL Bank OF WINNSBORO

Winona - Owentown Branch

Serving the East Texas area since 1893 and the Winona area since 1995, First National Bank of Winnsboro values the communities it serves, and consistently contributes to various civic, school, & sports organizations.

Their latest endeavor will be hosting a blood drive located on their parking lot across from the UTHSC on Friday, November 4, from 11:00-3:00 P.M. The Carter Blood Center will be on hand in their mobile unit conducting the drive. Branch manager, Hollie McLeod, stated that the blood supplies were down right now, so any and all donations will be appreciated. Door prizes will be given away during the allotted time.

For more information, please call Hollie at 903-877-3311. The blood you give could possibly save someone's life!

Misfit Island Shoppe

Variety of Dolls, Bears and Misc. Toys

CJ Schlau
Store Manager

Pat Schlau
Owner & Doll Doctor
of Dolls, Toys & their Friends

10:30 am - 4:00 pm Mon - Fri
10:30 am - 3:00 pm Sat

Doll repair & any other time by appt.
Call 903.877.2420



Rev. Ben Bagley
First United Methodist Church - Winona
P O Box 280
206 Tyler Street
Winona, TX 75792
(o) 903.877.9123
cell: 903.280.5430
revbagley@aol.com

Name:
First United
Methodist
Church-Winona



FYI!

Fall is here—make sure
your clocks fall
back on time.

**November 6th
at 2 a.m.**



THE WINONA TIMES

A FUMC WINONA MINISTRY

OCTOBER 2011
ISSUE 10

From The Judge

Thanks to all who have purchased my book, *Inquests: Living With the Dead*. Since publication I've received some very interesting phone calls, visits and comments on the book...to say the least!

One such call, particularly, was different: You see, it was from Jim, a "Republic Of Texas" kind of guy.

For example in the courts when someone says "Republic of Texas" warnings go off. A traffic case which usually takes just a money order with the average citizen will instead have twenty pages of law, constitution, history, and grounds for dismissal, explaining why this or that court has no jurisdiction over this particular point of law. If that fails, then the point is brought up that U.S. currency is only a "Federal Reserve Note" and not backed by silver or gold. This fact was explained to me in court by a man who had a "worthless \$100 bill" (his words). I suggested he drop it on the floor and we would sweep it up after court.

Having said this, "Republic of Texas people" have always treated me and Justice Court, Precinct #4 with respect and dignity. Some of their ideas are on target. Adherents don't believe in property taxes, either... which brings us to my story:

Jim lives as far out in the country as you can get in Smith County. His mail box says, *117 Judicial District DO NOT DELIVER ZIP CODE MAIL*, instead of the usual 2311 Appleton Road. After missing out on the Publisher's House Sweepstakes-- or for some other unknown reason, Jim now accepts zip code mail.

But about 20 years ago, Constable Wilson told me, "I need to serve these tax papers". And, after about a hundred times, I should have known better than to ride with Charles. I found myself sitting next to that "no zip code" mailbox in front of an iron gate so heavy it had an iron wheel attached to make it open easier. As the passenger in the vehicle, it became my duty to open the gate. The latch was right below the big sign: *WARNING PRIVATE PROPERTY*. I unlatched the gate and it jumped towards me, the iron wheel running over my foot! It didn't hurt too much, but it did scuff up my boot. We found Jim at the end of the wooded drive. He politely took the papers; I mentioned the gate running over my foot.

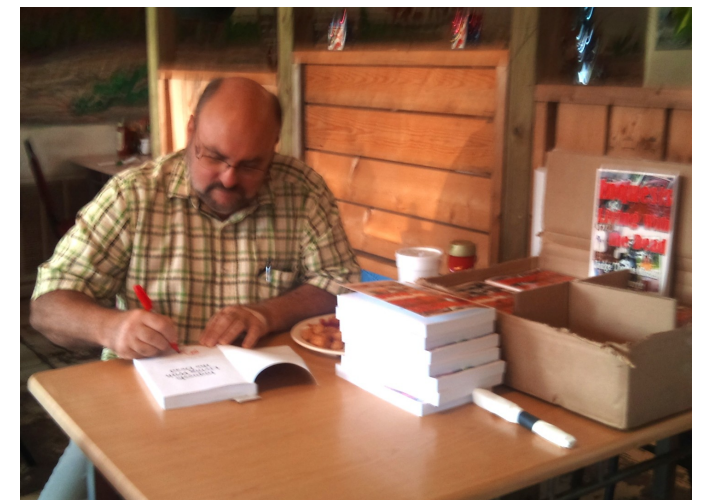
Jim replied, "No disrespect, Judge; but there is a sign that says 'warning'." Twenty years later, I ran into Jim -- and we talk about the book. He goes to the Back Porch Restaurant and buys a copy.

I get a call: "Man, this is some tough stuff. I am having trouble getting past the part where the motorcycle guy gets his head cut off," (which is in the first chapter of my book). "I get queasy when I see someone twist a knee or ankle playing football."

I think for a few seconds: "Well," I said, "look on page vii, middle of the page. It says 'Warnings'. So I guess that about evens us up on the warnings!" Laughter was heard on both ends of the phone conversation. Jim said, "I think the book is great, well written, and I'm surprised at how good it is." I tell him, "Go to Amazon.com and give me a review and some stars."

You can also go to Facebook, type in *Inquests: Living With the Dead* or even better, go to Amazon.com and share your experience with my book.

Thanks,
Mitch



What's Happenin'

By: Annabelle Langley

At the wild and crazy Cross-Brand Cowboy Church, the excitement levels are high with Bible studies, rodeos, and more,
Mondays

- Men's Round Pen --7:00 PM

Women's Round Pen

Wednesdays

- Dinner-- 6:00 PM

Worship Service --7:00 PM

Thursdays

- Celebrate Recovery --6:00 PM

Family Round pen

Sundays

Worship service-- 9:00 AM & 11:00 AM

Monthly

Younger Barn Fellowship—11th and 25th

Special Events

- Extreme Challenge, 2001 Horse and Rider Obstacle Course books open at 7:00 Am and close at 9:00 AM—1st

- Team Leadership Meeting—2nd

- Playday—9th

- #12 Team Roping—14th

- New Member Lunch—16th

- Fall Festival Buckout—26th

- #8 Team Roping—28th

- Feed Lot Sorting—29th

- Practice Team Roping—30th

Your hometown bank, the First National Bank of Winona has free cups of gourmet coffee for you to enjoy!

Chamber of Commerce Silent Auction, large air compressor and bid sheet on display

The always exciting First Baptist Church of Winona has the following event occurring:
Sundays

- Bible study for all ages -- 9:00 AM

- Worship service-- 10:00 AM
- Choir rehearsal -- 4:30 PM
- KORE student ministry -- 5:30 PM
- Kingdom Kids -- 6:00 PM

Worship service -- 6:00 PM.

Wednesdays

Hearts and Hands -- 10:00 AM & 6:30 PM

Adult Prayer Mtg./Men's & Ladies Bible studies -- 6:30 PM

Youth Discipleship (grade 7-12) --6:30 PM

Royal Ambassadors (boys grade 1-6)-- 6:30 PM

Mission Friends (ages 3-5) --6:30 PM

Special events

- 162nd church anniversary—23rd luncheon after services

Pumpkin Patch all are welcome—30th 6:00 PM

Winona Wildcats are back! This is the football schedule and a few extras, Special events Homecoming varsity football Joaquin at Winona—7th

Date	Opponent	Site	Time
Oct. 7	*^Joaquin	Home	7:30pm
Oct. 14	*Union Grove	Away	7:30pm
Oct. 21	*West Rusk	Home	7:30pm
Oct. 28	*#Arp	Home	7:30pm
Nov. 4	*Frankston	Away	7:30pm

* District Game

^ Homecoming

Senior Night

Did You Know?

Exercise can help keep your heart in shape



You may not think of it this way, but your heart is a muscle, continuously contracting and expanding, pumping oxygen- and nutrient-rich blood throughout your body, says Dudley Goulden, MD, a cardiologist at The University of Texas Health Science Center at Tyler.

“In a heart attack, the arteries supplying blood to the muscle are blocked, and it doesn't get oxygen and other nutrients. Without oxygen, it can't contract, and it becomes weak because it's not getting enough blood,” he says.

If a heart attack weakens the heart muscle so that it can't contract as well, it can't supply enough oxygen to the muscles and the brain, resulting in congestive heart failure.

“High blood pressure and high cholesterol are major risk factors for heart disease. High blood pressure causes the heart muscle to thicken and the heart to enlarge. The thickened heart muscle isn't as efficient in pumping blood,” Dr. Goulden says.

With high cholesterol, you develop plaque that can fully or partially block the arteries going to your heart, he adds. This blockage can cause heart pain, a heart attack, or heart failure.

Cigarette smoke also injures your heart, because it restricts the amount of oxygen getting to your heart. “You end up starving the heart muscle for oxygen, which can lead to heart failure or heart attack,” Dr. Goulden says.

You can help your heart by doing 30 minutes of moderate exercise – a brisk walk – for at least five days a week, limiting your salt intake to less than 1,500 milligrams a day, and eating more fruits and vegetables and fewer fatty foods that are high in cholesterol, he says.

4D Ceramics held its grand opening on September 17th. Owners, Charlene and David Hamm, are residents of the Winona area. 4D Ceramics is a contemporary paint your own pottery studio that offers bisque for customers to paint without the worry of cleanup -- great for families. Return in just 7 business days for your finished master piece. Ladies Night, Children's Painting Adventure, Pre-School Paint & Scouting patches Workshops, Time, and Parties (birthday, bridal, are offered or just at your leisure. specific pieces, chasing just the able also. There is children blow bubbles to paint their piece or use their hands to make a spider. Adults don't feel left out, we offer instruction in different techniques that are fun for you too. Find 4D Ceramics on the web at www.4dceramics.com or visit them at 212 W. Tyler St., Gilmer. For more information you can reach them at 903.680.2563 or by email at info@4dceramics.com.

EACH PIECE A

MEMORY

A MOMENT,
A PERSON,
A RELATIONSHIP..

FROZEN IN TIME

Story Time, and merit badges, Classes, Senior of various kinds baby, reunion) come in and paint Special orders for greenware or pur-bisque is avail-a monthly chil-holidays or spe-some months



First Baptist Church of Winona
 Celebrates our 162nd Anniversary
 Sunday, October 23rd
 9am - Bible Study for All Ages
 10am - Worship
 11 am(ish) - Anniversary Covered Dish Luncheon
 2nd Oldest Church in Smith County

First Baptist Church
 Invites You to Our Annual
PUMPKIN PATCH
 Fall Festival
 For kids of all ages
 Sunday, October 30th - 6:00-8:00 pm
 First Baptist Church of Winona Gymnasium
 CANDY, Game Booths, CANDY, Hot Dogs, CANDY



First Baptist Church of Winona
 Invites You to Join Us For
SINGSPARATION
 Featuring singing and testimony from the FBC
 Family
 Sunday, November 27th - 6:00 pm



First Baptist Church of Winona
 Children's Christmas Musical
 Sunday, December 11th
 6:00 pm
 Interested in participating?
 Contact Bruce Burnham 903-
 521-6450

First Baptist Church of Winona
 Invites You to Sunday Night Life Cycle
 Something for All Ages
 Sundays - 6:30 pm
 Adults - Worship Service, Studying "When God's People Pray"
 Youth - KORE Student Ministry, Worship & Small Groups
 (5:30 pm)
 Grades 1-6 - Bible Skills, Drills & Thrills
 Age 3-5 - TeamKID



First Baptist Church of Winona
 Invites You To Wednesday Night
 Live
 Something for All Ages
 Wednesdays - 6:30 pm



"It's the Biggest Night of the Week"
 Adults - Prayer/Men's & Ladies' Bible Studies
 Youth - KORE Youth Worship & Games
 Grades 1-6 - RA's (Boys), GA's (Girls)
 Ages 3-5 - Mission Friends

LOCAL FFA CHAPTER RECEIVES NATIONAL RANKING

Contact Info for Donations: Charlotte Main - cmain@winonaisd.org

John Davis - jdavis@winonaisd.org
 903.939.4164 or 903.939.4166

INDIANAPOLIS – A local FFA chapter has been deemed to be one of the most innovative, unique and outstanding in the country, the National FFA Organization announced recently. That chapter, the Winona FFA Chapter, was honored as a 3-star Chapter winner and a Model of Innovation finalist in the National FFA Chapter Award program. The chapter members have been invited to attend the 84th National FFA Convention in Indianapolis, IN, October 19 – 22, 2011, where they will be recognized for this honor and compete to be named as one of the three top Models of Innovation chapters.

The Models of Innovation Award program for FFA chapters, sponsored nationally by John Deere, showcases the innovative ideas and activities that a chapter participates in throughout the year. As a national finalist, the chapter members and their Program of Activities will be featured in a National FFA publication highlighting the top FFA chapters, and what they provide to their members. Each activity provides opportunities for members to excel in one of the three areas: student, chapter or community development.

The National FFA Organization, formerly know as the Future Farmers of America, is a national youth organization of 523,309 student members – all preparing for leadership and careers in the science, business and technology of agriculture – as a part of 7,847 local FFA chapters in all 50 states, Puerto Rico, and the Virgin Islands. The National FFA Organization changed to its present name in 1988, in recognition of the growth and diversity of agriculture and agricultural education. The FFA mission is to make a positive difference in the lives of students by developing their potential for **premier leadership, personal growth, and career success** through agricultural education. Visit www.ffa.org for more information and follow us on Facebook, and Twitter, and FFA Nation.

THE WINONA TIMES

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Advertising Prices:

Classified Ad: 3 lines (130 characters) for 1 month in 12 point font Times Roman — \$15

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Business Card \$10 1 x 3 inches / \$20
 1/4 page / \$40 1/3 page ad / \$50

Winona Times

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Somebody is going to Win B*I*G !!!

By: Pat Schlau

The Winona Area Chamber of Commerce would like to invite everyone to continue supporting the raffle of a TV. Raffle tickets are available for purchase at the Back Porch and at home football games. The TV will be given away at the last home game in October. The funds collected will support scholarships for deserving students of the spring graduation class, 2012. Last school year, spring, 2011, the WACC awarded \$500 to two WISD graduating students. Detailed information and scholarship applications are available at www.winonatxareachamberofcommerce.com

The Christmas parade will be December 3rd starting at 5:00 PM. There will be details posted in the weeks to come for these events: a silent auction, food, singing, and the tree lighting following the parade.

Come and grow with us at the Chamber as we continue to serve our community. We strive to find better ways to serve our local businesses and families in all we do. Join us on Facebook and on Twitter.

Dear Citizens,

I hope this letter finds you well. I don't know if I have ever been so happy to see September arrive, as I was this year. The summer heat wave was finally broken and we are back to normal temperatures again. Hopefully everyone survived this historic summer with some tales to share with folks down the road.

I wanted to let everyone know that we have completed two more major projects. One project, which I am sure everyone is already aware of, is the complete rebuild of Wildcat Drive. This required some additional work to the road base that was not expected, but the new road and base will last us many years to come. The second project we completed is the addition of a generator to our water system. We now have a natural gas generator online that will allow us to continue pumping water in the event of an extended power outage. We are very proud to mark both of these projects off of our to do list.

I also wanted to update everyone on the status of our city park. The city council voted unanimously to halt all current park projects and to continue building our park fund. We decided to pursue acreage that the City can purchase outright instead of leasing for a specified length of time. If you know of acreage that may be available to the City, please contact city hall to let us know.

As always, if you should have any questions please contact City Hall at 903-877-3381, or you can email us at city-hall@winonatexas.com.

Sincerely,
Rusty Smith
Mayor
City of Winona

Winona Middle School Receives the Texas Honors Circle Award for Public Education Excellence

By Mr. Wiley Vonner

Winona Middle School is a recipient of the Texas Comptroller's 2011 Texas Honors Circle Award, which recognizes schools and districts that are achieving academic success through cost-effective operations. Award recipients achieve strong academic performance while spending relative little compared to their peers.

Texas Comptroller Susan Combs has announced that 46 Texas School districts and 313 school campuses received the Texas Honors Circle Award for high rankings received in the 2011 Financial Allocation Study for Texas (FAST).

FAST, mandated by the 2009 Texas Legislature, is an annual study that examines both academic performance and financial efficiency to identify school districts, charter operators and campuses that deliver high-quality education at relatively low costs. Combs created the Texas honors Circle Award program to recognize districts and schools that receive high marks in the FAST analysis.

"In these challenging times where schools are under pressure to do more with less, it is more important than ever to shine a spotlight on those that are achieving strong student performance with cost-effective spending," Combs said. "Your efforts to help our state and local governments wisely manage educational spending while preparing students for success in college or the work force is crucial to the future of Texas."

The Texas Honors Circle program awards certificates based on FAST results. Districts and charters receiving the Texas Honors Circle Award have achieved a Five-Star FAST rating. Only 46, or 4 percent of all Texas school districts, earned five stars. Elementary campuses receiving the award achieved a five-star FAST rating, while middle and high-school campuses tapped for the honor achieved at least a 4.5-Star FAST rating.

To view FAST's results and to see the list of all Texas Honors Circle award winners, go to www.FASTexas.org.

